

# BREAKFAST



## ENTRÉES

<b>Mariner's Breakfast</b>	<b>\$18</b>
Two eggs, choice of bacon, bologna, or sausage, home fries or baked beans, and toast.	
<b>Wreckhouse Breakfast</b>	<b>\$19</b>
Three eggs, bacon, bologna, sausage, baked beans, home fries, and toast.	
<b>Lighter Side Breakfast</b>	<b>\$16</b>
Cereal or oatmeal, choice of yogurt or fresh fruit cup, and toast or muffin.	
<b>Mini Mariner's Breakfast</b>	<b>\$14</b>
One egg, choice of bacon, bologna, or sausage, home fries, and toast.	
<b>Fresh Fruit and Waffles</b>	<b>\$17</b>
Two Belgian-style waffles accompanied with fresh fruit and served with whipped cream, butter, and syrup.	
<b>Bacon &amp; Cheddar French Toast Sammie</b>	<b>\$16</b>
Three strips of bacon, cheddar cheese, and a fried egg between two slices of french toast. Served with home fries, butter, and syrup.	

## SIDES

<b>Bacon, Bologna, or Sausage</b>	<b>\$5</b>
<b>Baked Beans</b>	<b>\$5</b>
<b>Fresh Fruit Cup</b>	<b>\$8</b>
<b>Homemade Oatmeal</b>	<b>\$6</b>
<b>Freshly Baked Muffin</b>	<b>\$4</b>
<b>Toast</b>	<b>\$4</b>

## BEVERAGES

<b>Soft Drinks, Coffee, Tea, Juice, or Milk</b>	<b>\$4</b>
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*Please notify your server of any food allergies or dietary restrictions and ask about alternative options.*



# ENTRÉES



Substitute your side for sweet potato fries with chipotle mayo or mac and cheese - \$5.

## Fish & Chips

Two 4 oz pieces of beer-battered fish served with fries and tartar sauce.

## Cod au Gratin

6 oz cod baked in a rich, creamy sauce and topped with a cheesy crust. Served with a fresh dinner roll, garden vegetables, and your choice of side.

## Hot Turkey Sandwich

Oven-roasted turkey breast served open-faced with gravy, dressing, garden vegetables, and your choice of side.

## Chicken Burger Platter

5 oz buttermilk-breaded chicken breast topped with cheddar cheese, lettuce, hothouse tomato, and mayo on a potato bun. Served with fries.

**\$25 Bacon Cheddar Burger \$24**

4 oz all-beef patty with cheddar cheese, bacon, lettuce, and hothouse tomato on a brioche bun, with a dill pickle. Served with fries.

*Substitute: Veggie Burger (V) \$3*

*Gluten-Free Bun \$3*

**\$22**

## Thai Vegetable Sauté (V)(GF)

Fresh-cut vegetables lightly sautéed in a creamy red Thai sauce. Served with your choice of rice or Cantonese noodles.

*Add: Chicken \$6*

**\$21**

## Three-Cheese Macaroni

Macaroni pasta in a rich sauce made with three cheeses. Served with a fresh dinner roll.

*Add: Bacon \$5*

**\$22**

## Daily Chef's Special

Please ask your server about today's special.

**\$20**

## SOUPS & SALADS

**Soup of the Day & Fresh Dinner Roll**

**\$11**

**Garden Salad**

**\$16**

**Classic Caesar Salad**

**\$18**

## FRIES & POUTINES

**Basket of Fries**

**\$11**

**Basket of Sweet Potato Fries**

**\$11**

**Fries, Dressing & Gravy**

**\$16**

**Poutine**

**\$17**

## DESSERTS

**Decadent Chocolate Cake (V)(GF)**

**\$10**

**Salted Turtle Cheesecake**

**\$12**

**Apple Pie**

**\$9**

*Add: Ice Cream \$4*

## BEVERAGES

**Soft Drinks, Coffee, Tea, or Milk**

**\$4**

(V) – Vegetarian | (GF) – Gluten Friendly

Please notify your server of any food allergies or dietary restrictions and ask about alternative options.

# SAGE SELECTS

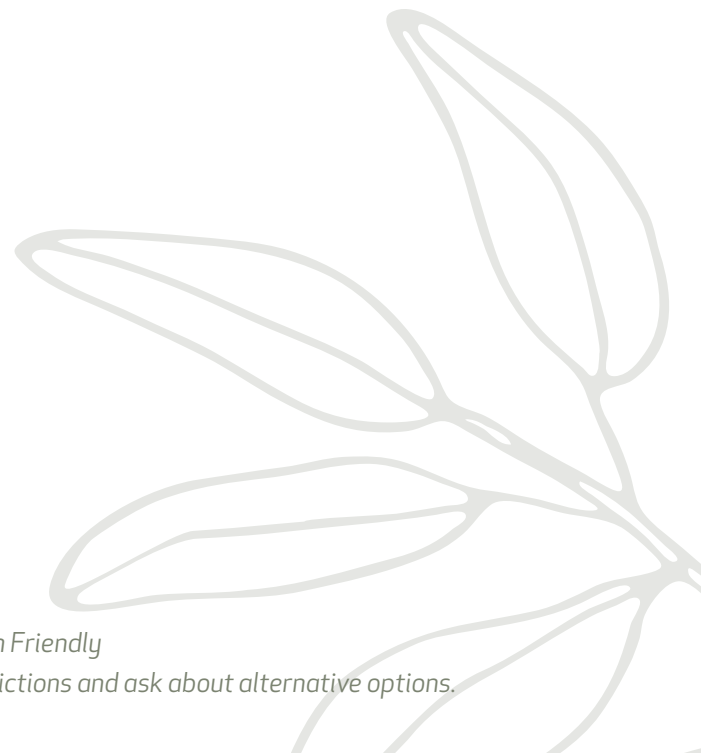


Substitute your side for sweet potato fries with chipotle mayo or mac and cheese - \$5.  
Add garlic shrimp to any order - \$5.

<b>Cod Chowder</b>	<b>\$17</b>
Hearty portions of cod simmered in a traditional creamy broth. Served with a fresh dinner roll.	
<b>Iceberg Mussels</b>	<b>\$18</b>
One pound of fresh mussels steamed in Quidi Vidi's famous Iceberg beer, served with garlic butter and toasted bread.	
<b>Neptune's Caesar</b>	<b>\$24</b>
Traditional Caesar salad topped with five grilled garlic shrimp, three breaded scallops, and a piece of beer-battered cod. Finished with Parmesan cheese and a fresh lemon.	
<b>Smoked Meat Sandwich</b>	<b>\$22</b>
Thinly shaved smoked meat on fresh light rye with mustard and a dill pickle. Served with your choice of side.	
<b>Captain's Plate</b>	<b>\$34</b>
A seafood lover's dream: pan-fried cod, beer-battered cod, grilled garlic shrimp, and breaded scallops. Served with vegetables, classic tartar sauce, and your choice of side.	

(V) - Vegetarian | (GF) - Gluten Friendly

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# MINI MARINERS \$12

(Age 12 and Under)

Served with choice of fries, mashed potatoes, or carrot and celery sticks, and a cookie or scoop of ice cream.

## Cheeseburger

4 oz all-beef hamburger patty with sliced cheddar cheese. Condiments available by request.

## Chicken Fingers

Three chicken fingers served with sweet and sour or BBQ dipping sauce.

## Cod Fingers

Two 2 oz battered cod fillets served with tartar sauce.

## Three Cheese Macaroni

Classic mac and cheese.

## Fruit & Veggie Plate (V) (GF)

Selection of fresh fruit and veggies, hand cut and served with dipping sauce.

## Beverages \$4

Soft Drinks, Juice, or Milk

(V) - Vegetarian | (GF) - Gluten Friendly

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