# **BREAKFAST**



## **ENTRÉES**

| Mariner's Breakfast Two eggs, choice of bacon, bologna, or sausage, home fries or baked beans, and toast.  | \$14 |
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| <b>Wreckhouse Breakfast</b> Three eggs, bacon, bologna, sausage, baked beans, home fries, and toast.   | \$16 |
| <b>Lighter Side Breakfast</b> Cereal or oatmeal, choice of yogurt or fresh fruit cup, and toast or muffin.   | \$13 |
| Mini Mariner's Breakfast One egg, choice of bacon, bologna, or sausage, home fries, toast, and a beverage.   | \$9  |
| Fresh Fruit and Waffles Two sweet Belgian waffles accompanied with fresh fruit and served with whipped cream, butter, and syrup.   | \$12 |
| Fried Bologna Sandwich Four slices of fried bologna, cheddar cheese, and dill pickle on Texas toast. Served with home fries and choice of mustard or mayo. (Add a fried egg for \$2) | \$12 |

### **SIDES**

| Bacon, Bologna, or Sausage | \$5 |  |
|----------------------------|-----|--|
| Baked Beans                | \$4 |  |
| Fresh Fruit Cup            | \$6 |  |
| Homemade Oatmeal           | \$5 |  |
| Freshly Baked Muffin       | \$3 |  |
| Toast                      | \$3 |  |

## **BEVERAGES**

Soft Drinks, Coffee, Tea, Juice, or Milk \$3

# **ENTRÉES**

Beer battered Atlantic cod served with fries

Fish & Chips



\$17

(Substitute side with sweet potato fries and chipotle mayo or mac and cheese for an additional \$3.)

\$17

**Chicken Tender Platter** 

Five chicken tenders served with

| and coleslaw. (Additional piece for \$4)   |             | fries, coleslaw, and choice of sauce.   |             |
|--|-------------|---|-------------|
| NL Cod au Gratin (GF) Atlantic cod baked in a rich creamy sauce, topped with a cheesy crust. Served with a dinner roll, garden vegetables, and choice of side.   | \$20        | Vegetable Sauté Kung Pao (V) Fresh-cut vegetables and cashews, sautéed in a light, savory sauce. Served over rice or Cantonese noodles. (Add chicken for \$5)   | \$18        |
| Hot Turkey Sandwich Oven roasted turkey breast served open-faced with gravy, dressing, garden vegetables, and choice of side.                                    | \$18        | Macaroni & Cheese Traditional mac and cheese served with a dinner roll. (Add bacon for \$3)   | <b>\$16</b> |
| Chicken Wing Platter Choice of breaded or non-breaded wings served with fries and coleslaw. Available with ranch, mild, hot, or creamy ghost pepper ranch sauce. | <b>\$17</b> | Cheddar Cheeseburger House-made burger with cheddar cheese, lettuce, and hothouse tomato on a brioche bun, topped with a dill pickle. Served with fries. (Add-ons: Bacon \$3   Beyond Burger (V) \$3   Gluten-Free Bun \$3) | \$19        |
| SOUPS & SALADS   |             | FRIES & POUTINES  |             |
| Soup of the Day and Bread Roll   | \$8         | Basket of Fries   | \$8         |
| Garden Salad   | <b>\$13</b> | Basket of Sweet Potato Fries  | \$10        |
| Classic Caesar Salad   | \$13        | Fries, Dressing & Gravy   | \$10        |
| Lobster Chowder and Bread Roll   | <b>\$12</b> | East Coast Poutine  | \$12        |
| <b>DESSERTS</b> (Add ice cream for \$2)  |             | BEVERAGES   |             |
| Apple Pie  | \$7         | Soft Drinks, Coffee, Tea, Juice, or Milk  | \$3         |
| Chocolate Cake   | <b>\$</b> 7 |   |             |

# **SAGE SELECTS**



(Substitute side with sweet potato fries and chipotle mayo or mac and cheese for an additional \$3. Add garlic shrimp to any order for \$5.)

# **ENTRÉES**

| <b>Neptune's Caesar</b> Traditional Caesar with five grilled garlic shrimp, three bacon wrapped scallops, and smoked salmon. Topped with fresh Parmesan and capers.   | \$18 |
|---|------|
| <b>Bagel and Lox</b> Atlantic smoked salmon served on a cream cheese everything bagel with thinly sliced red onions, capers, and dill. Served with choice of side.  | \$19 |
| <b>Beef Brisket</b> Slow roasted on board, served with caramelized onions and molasses-infused BBQ sauce. Served with garden vegetables and choice of side.   | \$22 |
| Mediterranean Vegetable and Chickpea Bowl (V,GF) Sautéed peppers, zucchini and onions, cherry tomatoes, black olives, and feta cheese, served over basmati rice and topped with seasoned chickpeas and fresh tzatziki. (Add chicken shawarma for \$5) | \$17 |
| <b>Butter Poached Halibut</b><br>6 oz. portion of Atlantic halibut gently poached in clarified butter, topped with lemon<br>and herbs. Served with garden vegetables and choice of side.  | \$28 |
| <b>Captain's Plate</b> Butter poached halibut, beer battered cod, grilled garlic shrimp, and bacon wrapped scallops. Served with garden vegetables and choice of side.  | \$30 |

# MINI MARINERS \$9

(Age 12 and Under)

Served with your choice of fries, mashed potatoes or carrot and celery sticks, a kids' size drink and a kids' dessert (cookie or scoop of ice cream).

### **Battered Cauliflower Bites**

Battered cauliflower served with sweet and sour or BBQ dipping sauce.

#### **Chicken Tenders**

Three chicken tenders served with sweet and sour or BBQ dipping sauce.

## Cod Nuggets (GF)

Four cod nuggets served with coleslaw and tartar sauce.

#### Waffle and Fresh Fruit

A sweet Belgian waffle with whipped cream and fresh fruit.

#### Macaroni and Cheese

Classic mac and cheese.

(GF) – Gluten Friendly | Please notify your server of any food allergies or dietary restrictions, and ask about alternative options.

