

## BREAKFAST

Available daily between 6:00 am and 8:00 am

### ENTRÉES

<b>The Wreckhouse</b> Three eggs, bacon, bologna, sausage, baked beans, home fries and toast.	<b>\$16</b>	<b>The Lighter Side</b> Cold or hot cereal, fresh fruit salad and a selection from our freshly baked muffins.	<b>\$10</b>
<b>Mariner's Breakfast</b> Two eggs, choice of bacon, bologna or sausage, home fries or baked beans and toast.	<b>\$14</b>	<b>Two Eggs &amp; Toast</b> Your choice of fried or scrambled eggs and white or whole wheat toast.	<b>\$10</b>
<b>Breakfast Scramble</b> Scrambled eggs, sausage, bacon and topped with marble cheese. Served with home fries and toast.	<b>\$14</b>	<b>Bologna and Beans</b> Fried bologna, baked beans and toast.	<b>\$10</b>

### SIDES

<b>Bacon, Bologna or Sausage</b>	<b>\$4</b>	<b>Homemade Oatmeal</b>	<b>\$5</b>
<b>Baked Beans</b>	<b>\$3</b>	<b>Freshly Baked Muffin</b>	<b>\$3</b>
<b>Fresh Fruit Cup</b>	<b>\$5</b>	<b>Coffee, Tea, Juice or Milk</b>	<b>\$3</b>

**ENTRÉES** *(Substitute side with sweet potato fries and curry mayo for an additional \$3)*

<p><b>Roast Dinner</b> A daily roast made with our chef's favourite recipes. Mashed potatoes, carrot and turnip. Home cooking at its best.</p>	<p><b>\$19</b></p>	<p><b>BBQ Bacon Burger</b> A homemade hamburger topped with bacon, cheese, lettuce and tomato. Served with fries and coleslaw.</p>	<p><b>\$18</b></p>
<p><b>Fish and Chips</b> Panko-crusted fish deep fried with fries and coleslaw.</p>	<p><b>\$18</b></p>	<p><b>Chicken Club Burger</b> Thunder crunch chicken breast with bacon, ranch dressing, fries and coleslaw.</p>	<p><b>\$18</b></p>
<p><b>Traditional Cod au Gratin</b> Atlantic cod baked in a savoury cream sauce with cheddar, choice of starch and fresh vegetables.</p>	<p><b>\$18</b></p>	<p><b>Thai Curry Stir Fry</b> Sautéed fresh vegetables in a spicy Thai curry sauce served over basmati rice. <i>(Add chicken \$4)</i></p>	<p><b>\$15</b></p>

**Upgrade to a three-course, all-inclusive meal for an additional \$10**  
*(Includes choice of soup or salad, entrée, dessert, and beverage.)*

**SOUPS & SALADS**

<p>Soup of the Day</p>	<p><b>\$7</b></p>
<p>Fresh Garden Salad</p>	<p><b>\$13</b></p>
<p>Classic Caesar Salad</p>	<p><b>\$13</b></p>

**DESSERTS**

<p>Apple Crumble</p>	<p><b>\$8</b></p>
<p>Triple Chocolate Cake</p>	<p><b>\$8</b></p>

**SIDES**

<p>Basket of Fries</p>	<p><b>\$8</b></p>
<p>Basket of Sweet Potato Fries</p>	<p><b>\$10</b></p>
<p>Fries, Dressing &amp; Gravy</p>	<p><b>\$10</b></p>
<p>Poutine</p>	<p><b>\$12</b></p>
<p>Basket of Wings</p>	<p><b>\$17</b></p>

**BEVERAGES**

<p>Soft Drinks, Coffee, Tea, Juice, or Milk</p>	<p><b>\$3</b></p>
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**CHILDREN'S MENU** *(Age 12 & Under)* **\$8**

**Includes choice of one of today's entrées, children's dessert, and beverage.**

Thunder Chicken Fingers and Fries | Pepperoni Pizza Slice | Grilled Cheese Sandwich and Fries